

WEST PORTAL FAMILY DENTISTRY

Terri M. Nguyen, D.J.S.

26 West Portal Avenue Suite #4

Telephone ; . (4 1 5) 6 6 1 - 7 7 7 9

TEMPORARY CROWN AND BRIDGE AFTER CARE

Following the first appointment for a crown or a bridge procedure, a temporary crown is placed on the tooth or the teeth involved. This will protect while your custom restoration is being Temporary, or provisional crowns are of a universal size and shade and they serve a cosmetic function for front teeth. Your final restoration will be custom shaped and shaded to match your teeth. After receiving your temporary crown, make sure you take care of it by following simple directions.

- Avoid eating anything for an hour or more to allow the bonding agent to set
- If an anesthetic was used to perform your procedure, try not to chew any food or gum until the numbness had ended
- Carefully brush to keep it clean and floss.
- Take your medication or antibiotics (if prescribed) as stated
- Rinse your mouth with salt water 3 times a day to reduce swelling

You will most likely have discomfort for a few days after your procedure, however if your crown feels high upon biting, comes off or your sensitivity/pain increases, please call our office with your concerns.

These temporary crowns are designed to function adequately for a period of 2 to 4 weeks only. Avoid chewing in the area of the temporary crown. Since most people tend to forget this, the next best thing to do is to watch what you eat Don't eat anything sticky or hard that can pop your temporary crown off. The use of temporary cement on your temporary crown is for easy removal on your next appointment.

if your temporary crown comes off between appointment, slip it back on and call the office immediately. You may want to put a very small amount of Vaseline around the edges of the temporary prior to reseating it. It is extremely important that you have the temporary crown on at all times. Being without your temporary crown may allow the tooth to shift and prevent the permanent crown from fitting properly. Many crowns fit between the gum line. Therefore, you may experience some discomfort for a few days due to the irritation of that area. Sensitivity to cold and pressure are also possible. After cementation of your temporary restoration, it may take a few days to get used to.

HOME CARE FOR PERMANENT CROWN AND BRIDGE

- After receiving your permanent crown, make sure you take care of it by following these simple directions
- Avoid eating anything for an hour or more to allow the bonding agent to set
- if your teeth are sensitive, try using toothpaste for sensitive teeth
- if an anesthetic was used to perform your procedure, try not to chew any food or gum until the numbness has ended
- your brushing and flossing routine should be as usual take your medications or antibiotics (if prescribed) as stated
- Rinse your mouth with salt water 3 times a day to reduce swelling

You will most likely have discomfort for few days after your procedure, however if your crown feels high upon biting, comes off or your sensitivity/pain increases, please call our office with your concerns.