

WEST PORTAL FAMILY DENTISTRY

Terri M. Nguyen, D.J.S.

26 West Portal Avenue Suite #4

Telephone ; . (4 1 5) 6 6 1 - 7 7 7 9

POST OP INSTRUCTIONS

Dentures / Partials

Sore Spots: Usually, your mouth will have a few "sore spots" after wearing the denture/partial for 24 hours. These areas can be relieved with very little effort during your next appointment.

- **Chewing:** The new bite may not feel completely comfortable for several weeks. We can adjust the contacting surfaces of your teeth after the dentures/partials have settled into place.
- **leaning the Dentures/Partials and your Mouth:** Your dentures/partials can be cleaned easily by using a denture brush and a mild soap . Periodic dentures soaks are also very useful (example: Polident.) We recommend leaving your partials out of your mouth at night and soaking in water.

Dentures only: Brush your gums with a regular toothbrush once per day to toughen and clean them.

Partials only: Use special care to clean parts of the partial that contact any natural teeth Both the partial and the natural teeth must be kept very clean on a daily basis to reduce the chance of new dental decay starting.

We have done our best to provide you with well-fitted, functional and esthetic dentures/ partials. We feel confident that after a few weeks of becoming adjusted to the new dentures/partials, you will have years of satisfaction from them. Over time, your jawbone and gums shrink when there are teeth missing. When dentures/partials for too long without refitting can cause severe bone loss and very serious oral disease.

Please call our office if these symptoms occur