

# WEST PORTAL FAMILY DENTISTRY

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## Fillings - After Care

The anesthesia will begin to wear off in approximately 30 minutes to an hour. Until that time avoid all hot foods or liquids and do not chew in the area that was worked on. This will prevent accidental burning or biting of your lips, cheeks or tongue.

If you had a filling, you had a Composite , an Alloy, or a Glass Ionomer base for deep fillings. A Glass Ionomer is a tooth colored material and very seldom do we see any sensitivity with this material. If you do experience any unusual symptoms, please call the office.

A Composite is a non-metallic, tooth colored material. You may experience some minor sensitivity to temperature and pressure for a few days. If your filling was especially large, it is not unusual to experience some sensitivity for a week or two. If you do experience any symptoms that seem unusual, please let us know. An adjustment of your bite may be necessary.

An Alloy, or silver filling, can be sensitive to cold and biting pressure for several days. After this filling is done, you need to be careful not to bite anything hard for 24 hours. If sensitivity persists for more than a week, - call the office and let us know. An adjustment of your bite may be necessary.

**MEDICATIONS:** In many cases, an over-the-counter pain medication, such as aspirin and ibuprofen, are excellent for reducing post-treatment soreness.

If the tooth persists with symptoms, then it may be possible that it requires more than just a filling.